



Bunny C of E Primary School Emotional Wellbeing and Mental Health Strategy Plan

Intent (linked to Wellbeing Award Objectives)	Theme	Implementation	Intended Impact
1. The school is committed to promoting and protected positive emotional wellbeing and mental health by achieving the wellbeing award	Theme 1: Providing information about the award	Introduce award to all stakeholders, gain the commitment of the Headteacher and Chair of Governors Create a change team including representatives across the whole school community Audit and evaluate where we are with supporting mental health and wellbeing for staff, pupils and parents Create an action plan and monitor it at regular stages Evaluate action plan with Change Team	All stakeholders will have an understanding about the WAS process and will be fully committed to embracing change for positive outcomes of support for mental health and wellbeing
2. The school has a clear vision and strategy for promoting and protecting emotional	Theme 1: Providing information about the award	Our school vision statement will reflect our ethos in relation to Wellbeing across our school community We will review our provisions and how we currently support wellbeing and mental health	The whole school community will understand the vision and embrace any learning around this by committing to the strategy. The whole school community will play

wellbeing and mental health, which is communicated to all involved in the process		Include into our action plan any reviews and gaps in provision and address these Share our strategy with the whole school community. Approve the strategy with the SLT team. Review and consider risk for pupils and understand how this impacts the emotional wellbeing and mental health of our pupils Create a strategy for emotional wellbeing and mental health Ensure the school policies are in line with the school's vision on EWMH.	a part in creating the vision and will be included in the action plan. The school's provision for supporting wellbeing and mental health will be greatly enhanced. All staff involved in working with children within the school community will have a clear understanding of the risk factors for vulnerable pupils. Relevant policies reflect the schools EWMH vision.
3. The school has a positive culture which regards emotional wellbeing and mental health as the responsibility of all	Theme 2: Understanding the importance of emotional wellbeing and mental health Theme 3: Understanding my role in promoting emotional and mental health Theme 4: Ensuring that emotional wellbeing and mental health is	Deliver raising awareness activities for staff, pupil and parents and make a record of these events School will encourage 4 children to train to become Mental health champions. Continue to develop our pupil voice mechanisms, incorporating the role of Wellbeing/ MH Champions into our Pupil Council role. resilience coaching PSEH ELSA wider support	All stakeholders will have a clearer understanding of what wellbeing means and a richer knowledge of mental health issues. Staff and parents will be able to recognise emotional health issues and respond appropriately. School will be able to facilitate learning gaps around mental health and wellbeing. The whole school community work together to create an environment where everyone accepts and understands that positive mental

	seen as the responsibility of all Theme 5: Encouraging people to talk about mental health issues		health and wellbeing is the responsibility of all. Mental health discussions and issues that our pupils, parents and staff face, are free from stigma
4. The school actively promotes staff emotional wellbeing and mental health	Theme 6 Supporting staff emotional wellbeing and mental health	A provision will be created for staff in order to positively promote mental health and wellbeing in our workplace. Appraisal policies and procedures will specifically support the emotional wellbeing of staff. The school will keep the Wellbeing Policy for staff up to date. Feedback and evaluations will take place regularly to gauge the wellbeing needs of staff. Regular staff wellbeing questionnaires will be completed every yearly and the results from these analysed. SLT and staff briefings will include a wellbeing focus	Finances through the school budget will be set aside for staff wellbeing activities and resources. Ensure there is an 'open door' culture Staff will be provided with opportunities to explore their wellbeing An environment will be created where mental health is an openly talked about subject, therefore the stigma around mental health will be less.
5. The school prioritises learning and staff development on	Theme 7: Promoting professional development and training for	Staff development on emotional wellbeing and mental health will become part of the School Improvement plan.	Staff will gain a greater depth of knowledge around mental health needs and be able to respond appropriately.

emotional wellbeing and mental health	emotional wellbeing. Theme 8: Ensuring confidence and capacity among staff in addressing emotional wellbeing and mental health. Theme 9: Identifying mental health issues.	School will regularly audit/assess the confidence among staff in recognising and appropriately responding to mental health concerns. School will deliver a program of CPD for all staff and target specific CPD where needed. School will ensure all staff are trained to use My Concern.	Senior leaders within the school will have a clear understanding of staff CPD needs and plan for it, therefore, increasing staff confidence
6. The school understands the different types of emotional and mental health needs across the community and has systems in place to respond appropriately	Theme 9: Identifying and acting on mental health issues. Theme 10: Supporting pupil emotional wellbeing and mental health.	All pupils and staff will complete annual mental health questionnaires to raise any concerns and these will be acted upon appropriately. School will work with any outside agencies or services, ensuring an information sharing process is in place. There is a graduated response for pupils identified with SEMH. This will be identified through Pupil Progress Meetings and appropriate pathways will be identified. A range of mental health and wellbeing support interventions will be in place.	School will have a clear idea of the emotional needs of its pupils, parents and staff. Interventions will facilitate any mental health needs across the school. Impact data will evaluate the process and a referral strategy will be in place. A tiered approach will be in place to match support around individual needs School will know who the vulnerable children and adults are in the school environment and support will be given. Signpost and agency services will be visual for all stakeholders, these

		When necessary outside agencies and specialist will be referred to, to offer our pupils and their families further support. School will provide a range of emotional health interventions for pupils and parents. Regular feedback and evaluations will take place to ensure good practice and positive outcomes. A list will be created for signpost referral services, this will include, social care, NHS and wellbeing services within the county.	will be shown on the allocated section for mental health and wellbeing on the school website.
7. The school actively seeks the ongoing participation of the whole-school community in its approach to emotional wellbeing and mental health	Theme 12: Engaging the whole-school community in emotional wellbeing and mental health issues.	The views of staff, pupils and parents will take place at regular intervals to gain an insight into ongoing needs for wellbeing and mental health. Family sessions will be provided by the school to raise awareness of mental health needs. All members of the school community, will take part in Mental Health and Wellbeing events held at school Develop the website to ensure up to date resources are accessible	School will have a clear understanding of the emotional needs of its staff, pupils and parents. Evaluations will take place on regular intervals to understand the schools needs in continuing to create positive wellbeing for all stakeholders.
8. The school works in partnership with other school, agencies		The school will create networks with other schools to share good practice of wellbeing and mental health support	The school will have a strong network with other schools in and outside of the borough to share approaches around outstanding mental health and wellbeing support for all stakeholders. School

and available specialist support services to support emotional wellbeing and mental health		A list of agencies and services will be created and shared with staff and parents via the school website. The school will participate with local commissioning arrangements such as, CAMHs, Educational Psychologists, teams, behaviour support and Public Health services. The school will seek feedback from its partnerships of work and ongoing future arrangements will be made. A member of the SLT/Mental Health lead will attend Mental Health Support Team meetings and other related meetings/networks to share good practice of wellbeing and mental health support. Key members of staff to disseminate information, new learning and good practice	will have strong links with outside services and agencies, therefore creating an effective referral process. Key staff will be continuously trained in the mental health field and will attend any mental health forums to keep up to date with any changes in mental health learning and approaches. This will enable school to provide excellent mental health and wellbeing support for all of the school community. School will continuously take part in future commissioning projects and consistently gain feedback from all stakeholders of any needs for future services.
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