

Nottinghamshire Family Hub Network



Rushcliffe Family Hub Universal Timetable: 7th Sept – 18th Dec 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
Cotgrave Crafts & Family Hub Drop-In (WEEKLY) Starts 7th Sept. Cotgrave Library. 10-11am Term time only.	Under 5's Stay & Play / Family Hub Drop-In (WEEKLY) Starts 8th Sept. Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only. B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 8th Sept. Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only. Under 1's Group. (WEEKLY) Starts 8th Sept. Bingham Family Hub. 10-11:30am. Term time only.	Under 5's Stay & Play / Family Hub Drop-In (WEEKLY) Starts 9th Sept. West Bridgford Young Peoples Centre. 1:30-3pm. Term time only. B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 9th Sept. West Bridgford Young Peoples Centre. 1:30-3pm. Term time only.	Under 5's Stay & Play / Family Hub Drop-In (WEEKLY). Starts 10th Sept. Bingham Family Hub. 10-11:30am. Term time only. B.A.B.E.S Breastfeeding Group (WEEKLY). Starts 10th Sept. Bingham Family Hub. 10-11:30am. Term time only.

*Please be aware that all groups are subject to cancellation at any time.
We apologise for any inconvenience this may cause.*

...giving children the best start



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County Council**

T: 0115 9773 749
E: frushcliffe@nottsc.gov.uk
W: <https://www.nottinghamshire.gov.uk/care/family-hub-networks>
f Family Hub Network – Rushcliffe or scan:



Nottinghamshire Family Hub Network



Self-Weigh & Family Hub Drop-in Sessions: 1st Sept – 18th Dec 2026

<u>Venue</u>	<u>Day</u>	<u>Time</u>
Bingham Family Hub, NG13 8BE	Monday to Friday. Starting 1 st Sept.	9:30am-3:30pm
Keyworth Health Centre, NG12 5JU	Monday (MONTHLY) 14 th Sept. 12 th Oct. 9 th Nov. 14 th Dec.	1:30-2:30pm
Cotgrave Health Centre, NG12 3JG	Tuesday (MONTHLY) 15 th Sept. 20 th Oct. 17 th Nov. 15 th Dec.	2:30-3:30pm
West Bridgford Young Peoples Centre	Wednesday (WEEKLY) Starting 2 nd Sept.	1:30-3pm
East Leake Health Centre, LE12 6JG	Friday (MONTHLY) 25 th Sept. 23 rd Oct. 27 th Nov. 18 th Dec.	10-11am

Family Hubs also offer a range of additional services:

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team or complete a service request / online enquiry form, either by walking into any of our buildings, or by completing one on our website by scanning the following QR code:

Updated 11.8.26. All information is correct at the time of publication.
Details subject to change after this date.

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Bingham Family Hub – Eaton Place, Bingham, NG13 8BE

Abbey and Lady Bay Family Hub – Tewkesbury Close, West Bridgford, NG2 5ND