Nottinghamshire
# Family Hub Network



# Rushcliffe Family Hub Universal Timetable: 7th Sept – 18th Dec 2026

| Monday | Tuesday | Wednesday | Thursday |
|---|---|---|---|
| **Cotgrave Crafts & Family Hub Drop-In**<br>**(WEEKLY)**<br>**Starts 7th Sept.**<br>Cotgrave Library.<br>**10-11am**<br>**Term time only.** | **Under 5's Stay & Play / Family Hub Drop-In**<br>**(WEEKLY) Starts 8th Sept.**<br>Lantern Lane School,<br>East Leake, LE12 6QN.<br>**9:45-11am.**<br>**Term time only.**<br><br>**B.A.B.E.S Breastfeeding Group**<br>**(WEEKLY) Starts 8th Sept.**<br>Lantern Lane School,<br>East Leake, LE12 6QN.<br>**9:45-11am.**<br>**Term time only.**<br><br>**Under 1's Group.**<br>**(WEEKLY) Starts 8th Sept.**<br>Bingham Family Hub.<br>**10-11:30am.**<br>**Term time only.** | **Under 5's Stay & Play / Family Hub Drop-In**<br>**(WEEKLY)**<br>**Starts 9th Sept.**<br>West Bridgford Young Peoples Centre.<br>**1:30-3pm.**<br>**Term time only.**<br><br>**B.A.B.E.S Breastfeeding Group**<br>**(WEEKLY)**<br>**Starts 9th Sept.**<br>West Bridgford Young Peoples Centre.<br>**1:30-3pm.**<br>**Term time only.** | **Under 5's Stay & Play / Family Hub Drop-In**<br>**(WEEKLY).**<br>**Starts 10th Sept.**<br>Bingham Family Hub.<br>**10-11:30am.**<br>**Term time only.**<br><br>**B.A.B.E.S Breastfeeding Group**<br>**(WEEKLY).**<br>**Starts 10th Sept.**<br>Bingham Family Hub.<br>**10-11:30am.**<br>**Term time only.** |

*Please be aware that all groups are subject to cancellation at any time.*
*We apologise for any inconvenience this may cause.*

**...giving children the best start**


Nottinghamshire County Council

**T:** 0115 9773 749
**E:** fhrushcliffe@nottscc.gov.uk
**W:** https://www.nottinghamshire.gov.uk/care/family-hub-networks
**Family Hub Network – Rushcliffe or scan:**

Nottinghamshire
# Family Hub Network



## Self-Weigh & Family Hub Drop-in Sessions: 1st Sept – 18th Dec 2026

| Venue | Day | Time |
|---|---|---|
| **Bingham Family Hub, NG13 8BE** | Monday to Friday. Starting 1st Sept. | 9:30am-3:30pm |
| **Keyworth Health Centre, NG12 5JU** | Monday (MONTHLY) 14th Sept. 12th Oct. 9th Nov. 14th Dec. | 1:30-2:30pm |
| **Cotgrave Health Centre, NG12 3JG** | Tuesday (MONTHLY) 15th Sept. 20th Oct. 17th Nov. 15th Dec. | 2:30-3:30pm |
| **West Bridgford Young Peoples Centre** | Wednesday (WEEKLY) Starting 2nd Sept (term time only). | 1:30-3pm |
| **East Leake Health Centre, LE12 6JG** | Friday (MONTHLY) 25th Sept. 23rd Oct. 27th Nov. 18th Dec. | 10-11am |

**Family Hubs also offer a range of additional services:**

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team or complete a service request / online enquiry form, either by walking into any of our buildings, or by completing one on our website by scanning the following QR code:

Updated 22.9.26. All information is correct at the time of publication.
Details subject to change after this date.

**...giving children the best start**

Nottinghamshire County Council

**Bingham Family Hub** – *Eaton Place, Bingham, NG13 8BE*

**Abbey and Lady Bay Family Hub** – *Tewkesbury Close, West Bridgford, NG2 5ND*