Nottinghamshire
Family Hub Network



Rushcliffe Family Hub Universal Timetable: 2nd Nov – 18th Dec 2026

Monday	Tuesday	Wednesday	Thursday
Cotgrave Crafts & Family Hub Drop-In (WEEKLY) **Starts 2nd Nov.** Cotgrave Library. **10-11am** **Term time only.**	**Under 5's Stay & Play / Family Hub Drop-In (WEEKLY) Starts 3rd Nov.** Lantern Lane School, East Leake, LE12 6QN. **9:45-11am.** **Term time only.** **B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 3rd Nov.** Lantern Lane School, East Leake, LE12 6QN. **9:45-11am.** **Term time only.** **Under 1's Group.** **(WEEKLY) Starts 3rd Nov.** Bingham Family Hub. **10-11:30am.** **Term time only.**	**B.A.B.E.S Breastfeeding Group (WEEKLY)** **Starts 4th Nov.** West Bridgford Young Peoples Centre. **1:30-2:30pm.** **Term time only.**	**Under 5's Stay & Play / Family Hub Drop-In (WEEKLY).** **Starts 5th Nov.** Bingham Family Hub. **10-11:30am.** **Term time only.** **B.A.B.E.S Breastfeeding Group (WEEKLY).** **Starts 5th Nov.** Bingham Family Hub. **10-11:30am.** **Term time only.** **Under 5's Stay & Play / Family Hub Drop-In (WEEKLY)** **Starts 5th Nov.** West Bridgford Young Peoples Centre. **1:30-3pm.** **Term time only.**

Please be aware that all groups are subject to cancellation at any time.
We apologise for any inconvenience this may cause.

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T: 0115 9773 749
E: fhrushcliffe@nottscc.gov.uk
W: https://www.nottinghamshire.gov.uk/care/family-hub-networks
Family Hub Network – Rushcliffe or scan:

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Self-Weigh & Family Hub Drop-in Sessions: 2nd Nov – 18th Dec 2026

Venue	Day	Time
Bingham Family Hub, NG13 8BE	Monday to Friday. From 2nd Nov.	9:30am-3:30pm
Keyworth Health Centre, NG12 5JU	Monday (MONTHLY) 9th Nov. 14th Dec.	1:30-2:30pm
Cotgrave Health Centre, NG12 3JG	Tuesday (MONTHLY) 17th Nov. 15th Dec.	2:30-3:30pm
West Bridgford Young Peoples Centre	Wednesday (WEEKLY) From 4th Nov (term time only).	1:30-3pm
East Leake Health Centre, LE12 6JG	Friday (MONTHLY) 27th Nov. 18th Dec.	10-11am

Family Hubs also offer a range of additional services:

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team or complete a service request / online enquiry form, either by walking into any of our buildings, or by completing one on our website by scanning the following QR code:

Updated 15.10.26. All information is correct at the time of publication.
Details subject to change after this date.

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Bingham Family Hub – *Eaton Place, Bingham, NG13 8BE*

Abbey and Lady Bay Family Hub – *Tewkesbury Close, West Bridgford, NG2 5ND*