

# Nottinghamshire Family Hub Network



## Rushcliffe Family Hub May Half Term Holiday Timetable 25<sup>th</sup> – 29<sup>th</sup> May 2026

<u>Tuesday 26<sup>th</sup></u>	<u>Wednesday 27<sup>th</sup></u>	<u>Thursday 28<sup>th</sup></u>
<p><b>Self-Weigh</b> Abbey and Lady Bay Family Hub, NG2 5ND. <b>1-3pm</b></p>	<p><b>B.A.B.E.S Breastfeeding Group</b> West Bridgford Young Peoples Centre. <b>1:30-2:30pm</b></p>	<p><b>B.A.B.E.S Breastfeeding Group</b> Bingham Family Hub. <b>10-11am.</b></p> <p><b>Under 5's Outdoor Play Event.</b> (Older sibling welcome). West Bridgford Park, behind the Young Peoples Centre (meet next to the tennis courts) <b>1:30-3pm.</b> <b>See overleaf for more details.</b></p>
<p><b>Self-Weigh Drop In. Tuesday 26<sup>th</sup> – Friday 29<sup>th</sup>.</b> Bingham Family Hub. <b>9:30am - 3:30pm.</b> <b>No drop in will be available on Monday 25<sup>th</sup> May due to the centre being closed.</b></p>		

*Please be aware that all groups are subject to cancellation at any time.  
We apologise for any inconvenience this may cause.*

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## Under 5's Outdoor Play Event

Come and have fun learning through play at our outdoor play event.

Please dress for the weather.

For families living in Rushcliffe with under 5's (older siblings are welcome).

**Free**



Outdoor Play Event, Thursday 28<sup>th</sup> May 1:30-3pm @ West Bridgford Park (meet next to the tennis courts).

### Family Hubs also offer a range of additional services:

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team or complete a service request / online enquiry form, either by walking into any of our buildings, or by completing one on our website by scanning the following QR code:



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