

# Nottinghamshire Family Hub Network



## Rushcliffe Family Hub Universal Timetable: 1<sup>st</sup> Jun – 24<sup>th</sup> Jul 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<p><b>Cotgrave Crafts (WEEKLY)</b> Starts 1<sup>st</sup> June. Cotgrave Library. 10-11am Term time only.</p>	<p><b>Under 5's Stay &amp; Play (WEEKLY) Starts 2<sup>nd</sup> June.</b> Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only.</p> <p><b>B.A.B.E.S Breastfeeding Group (WEEKLY) Starts 2<sup>nd</sup> June.</b> Lantern Lane School, East Leake, LE12 6QN. 9:45-11am. Term time only.</p> <p><b>Under 1's Group. (WEEKLY) Starts 2<sup>nd</sup> June.</b> Bingham Family Hub. 10-11:30am. Term time only.</p>	<p><b>B.A.B.E.S Breastfeeding Group (WEEKLY)</b> Starts 3<sup>rd</sup> June. West Bridgford Young Peoples Centre. 1:30-2:30pm.</p>	<p><b>Under 5's Stay &amp; Play (WEEKLY).</b> 4<sup>th</sup> June. Bingham Family Hub. 10-11:30am. Term time only.</p> <p><b>B.A.B.E.S Breastfeeding Group (WEEKLY).</b> Starts 4<sup>th</sup> June. Bingham Family Hub. 10-11:30am. Term time only.</p>

*Please be aware that all groups are subject to cancellation at any time.  
We apologise for any inconvenience this may cause.*

**...giving children the best start**



**Nottinghamshire  
County Council**

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**W:** <https://www.nottinghamshire.gov.uk/care/family-hub-networks>  
**f** Family Hub Network – Rushcliffe or scan:



# Nottinghamshire Family Hub Network



## Self-Weigh & Family Hub Drop-in Sessions: 1<sup>st</sup> Jun – 24<sup>th</sup> Jul 2026

<u>Venue</u>	<u>Day</u>	<u>Time</u>
<b>Bingham Family Hub, NG13 8BE</b>	Monday to Friday. Starting 1 <sup>st</sup> June.	9:30am-3:30pm
<b>Keyworth Health Centre, NG12 5JU</b>	Monday (MONTHLY) 8 <sup>th</sup> Jun. 13 <sup>th</sup> Jul.	1:30-2:30pm
<b>Abbey &amp; Lady Bay Family Hub, NG2 5ND</b>	Tuesdays & Thursdays (WEEKLY) Starting 2 <sup>nd</sup> June.	1-3pm
<b>Cotgrave Health Centre, NG12 3JG</b>	Tuesday (MONTHLY) 16 <sup>th</sup> Jun. 21 <sup>st</sup> Jul.	2:30-3:30pm
<b>East Leake Health Centre, LE12 6JG</b>	Friday (MONTHLY) 26 <sup>th</sup> Jun. 24 <sup>th</sup> Jul	10-11am

### Family Hubs also offer a range of additional services:

- Preparing for your baby
- Children's development, including listening and communication
- Playing with your child
- The emotional health of your child
- Children's behaviour
- Feeding your child (including weaning support and fussy eating)
- Increasing your confidence
- Domestic abuse (in partnership with Women's Aid services)
- Volunteering opportunities

If you would like to access any of these services, please contact your local Family Hub network team or complete a service request / online enquiry form, either by walking into any of our buildings, or by completing one on our website by scanning the following QR code:

Updated 6.5.26. All information is correct at the time of publication.  
Details subject to change after this date.



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